

Asthma and Allergy Resources

Articles

- Asthma Action Plan
http://www.nhlbi.nih.gov/health/public/lung/asthma/asthma_actplan.pdf
- How Asthma-Friendly Is Your School
<http://www.nhlbi.nih.gov/health/public/lung/asthma/friendly.pdf>
- School Treatment Steps to Follow for an Asthma Episode in the School Setting When a Nurse is Not Available
<http://www.nhlbi.nih.gov/health/prof/lung/asthma/no-nurse.pdf>
- School Treatment Suggested Emergency Nursing Protocol for Students with Asthma Who Don't Have a Personal Asthma Action Plan
<http://www.nhlbi.nih.gov/health/prof/lung/asthma/sch-emer-actplan.pdf>

Guides

- Asthma and Physical Activity in the School
http://www.nhlbi.nih.gov/health/public/lung/asthma/phy_asth.pdf
- Food Allergy: An Overview
<http://www.niaid.nih.gov/topics/foodAllergy/Documents/foodallergy.pdf>
- From Confusion to Confidence: KFA's Guide to Parenting a Child with a Food Allergy
http://www.kidswithfoodallergies.org/docs/KFA_Starter_Guide_to_Parenting_a_Child_with_a_Food_Allergy.pdf
- Managing Asthma: A Guide for Schools
http://www.nhlbi.nih.gov/health/prof/lung/asthma/asth_sch.pdf
- Managing Asthma in the School Environment
http://www.epa.gov/iaq/schools/pdfs/publications/managing_asthma.pdf
- Managing Food Allergies in the School Setting: Guidance for Parents
https://www.foodallergy.org/files/FAAN_Parent_FA_Guide.pdf
- Managing Life Threatening Food Allergies in Schools
<http://www.doe.mass.edu/cnp/allergy.pdf>

Websites

- Allergy & Asthma Network Mothers of Asthmatics <http://www.aanma.org/>
- American Academy of Allergy, Asthma, and Immunology <http://www.aaaai.org/>
- American Latex Allergy Association <http://www.latexallergyresources.org>
- Asthma and Allergy Foundation of America <http://www.aafa.org/>
- Asthma and Allergy Foundation of America, New England Chapter <http://www.asthmaandallergies.org/>
- Asthma.com <http://www.asthma.com/>
- Asthma Experience Journal <http://www.experiencejournal.com/asthma/index.shtml>
- Food Allergy and Anaphylaxis Network <http://www.foodallergy.org/>
- Kids With Food Allergies <http://www.kidswithfoodallergies.org/>
- National Heart, Lung, and Blood Institute <http://www.nhlbi.nih.gov/>
- National Institute of Allergy and Infectious Diseases <http://www.niaid.nih.gov/>

Quincy Parent Advisory Council to Special Education (QPAC)

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