

Eating Disorder Resources

Articles

- My Sister or Brother has Anorexia
http://www.feast-ed.org/Portals/0/Documents/Library/ed_teen_questions_brochure_AN_sibling.pdf
- My Sister or Brother has Bulimia
http://www.feast-ed.org/Portals/0/Documents/Library/ed_teen_questions_brochure_BN_sibling.pdf

Guides

- Coach & Athletic Trainer Toolkit
http://www.nationaleatingdisorders.org/uploads/file/toolkits/NEDA-Toolkit-Coaches_07-2010.pdf
- Eating Disorders
<http://www.nimh.nih.gov/health/publications/eating-disorders/eating-disorders.pdf>
- Educator Toolkit
http://www.nationaleatingdisorders.org/uploads/file/toolkits/NEDA-Toolkit-Educators_09-15-08.pdf
- Parent Toolkit
http://www.nationaleatingdisorders.org/uploads/file/toolkits/NEDA-Toolkit-Parents_03-10-09.pdf

Websites

- Academy for Eating Disorders <http://www.aedweb.org/>
- Anorexia Nervosa and Related Eating Disorders, Inc. <http://www.anred.com/>
- Center for Anxiety and Related Disorders at Boston University <http://www.bu.edu/card/>
- Collaborative Action to Reduce Eating Disorders <http://www.icared.org/>
- Families Empowered And Supporting Treatment of Eating Disorders <http://www.feast-ed.org/>
- National Association of Anorexia Nervosa and Associated Disorders <http://www.anad.org/>
- National Eating Disorders Association <http://www.nationaleatingdisorders.org/>
- Something Fishy <http://www.something-fishy.org/>

Books

- Eating Disorders in Childhood and Adolescence, by Bryan Lask
- Help Your Teenager Beat An Eating Disorder, by James Lock
- The Eating Disorders Sourcebook, by Carolyn Costin
- The Parent's Guide to Eating Disorders, by Marcia Herrin and Nancy Matsumoto
- Treating Bulimia in Adolescents: A Family-Based Approach, by James Lock
- Unlocking the Mysteries of Eating Disorders, by David Herzog

Quincy Parent Advisory Council to Special Education (QPAC)

Need additional resources on this topic? Come to the QPAC Resource Center!
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