

# Health Care Transition Resources

## Articles

- What does Health Have to Do with Transition  
[http://www.ncset.org/publications/parent/NCSETParent\\_May06.pdf](http://www.ncset.org/publications/parent/NCSETParent_May06.pdf)
- What does “taking charge of your health” mean to you  
[http://fcsn.org/pti/topics/transition/tools/handouts/taking\\_charge.pdf](http://fcsn.org/pti/topics/transition/tools/handouts/taking_charge.pdf)

## Guides

- Making the Move to Managing Your Own Personal Assistance Services  
<http://www.ncwd-youth.info/sites/default/files/pas-toolkit-052610-print-final.pdf>
- My Health Pocket Guide  
<http://www.waisman.wisc.edu/wrc/pdf/pubs/PG.pdf>
- Overview of Health Care Options for Students Transitioning to College  
[http://www.heath.gwu.edu/assets/73/health\\_care\\_options\\_for\\_students\\_transitioning\\_to\\_college.pdf](http://www.heath.gwu.edu/assets/73/health_care_options_for_students_transitioning_to_college.pdf)
- Secondary Health Care Transition Toolkit  
<http://pyln.org/Files/PYLNHealthcareToolkit.pdf>
- The Workbook for Youth  
<http://www.waisman.wisc.edu/wrc/pdf/pubs/TWfY.pdf>
- Transition to Adult Health Care: A Training Guide in Three Parts  
[http://www.waisman.wisc.edu/wrc/pdf/pubs/TAHC\\_2.pdf](http://www.waisman.wisc.edu/wrc/pdf/pubs/TAHC_2.pdf)
- Transition to Adult Health Care: A Training Guide in Two Parts  
[http://www.waisman.wisc.edu/hrtw/adult\\_teen.pdf](http://www.waisman.wisc.edu/hrtw/adult_teen.pdf)
- Transition to Health Care Checklist: Preparing for Life as an Adult  
<http://www.waisman.wisc.edu/wrc/pdf/pubs/THCL.pdf>
- Working Together for Successful Transition  
<http://sonoranucedd.fcm.arizona.edu/sites/sonoranucedd.fcm.arizona.edu/files/Working%20Together%20for%20Successful%20Transition-Washington%20State%20Notebook.pdf>

## Websites

- Adolescent Health Transition Project  
<http://depts.washington.edu/healthtr/>
- Florida Health and Transition Services  
<http://www.floridahats.org/>
- Health Care Transitions  
<http://hctransitions.ichp.ufl.edu/>
- Healthy Transitions  
<http://healthytransitionsny.org/>
- National Health Care Transition Center  
<http://www.gottransition.org/>

## Books

- Promoting Health Care Transitions for Adolescents with Special Health Care Needs and Disabilities, by Cecily Betz

### Quincy Parent Advisory Council to Special Education (QPAC)

Need additional resources on this topic? Come to the QPAC Resource Center!  
Visit our website for more information: [www.quincypac.org](http://www.quincypac.org).

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