

# Physical Education Resources

## Articles

- Adapted P.E.: Physical Education for Children with Special Needs  
[http://www.superduperinc.com/handouts/pdf/276\\_AdaptedPE.pdf](http://www.superduperinc.com/handouts/pdf/276_AdaptedPE.pdf)
- Physical Education (PE) & Adapted Physical Education (APE)  
<http://www.wrightslaw.com/info/pe.index.htm>
- Physical Education for Children with Disabilities  
<http://www.pacer.org/parent/php/php-c182.pdf>

## Websites

- Adapted Physical Education National Standards  
<http://www.apens.org/>
- American Association for Physical Activity and Recreation  
<http://www.aahperd.org/>
- Center on Disability Health and Adapted Physical Activity  
<http://www.uwlax.edu/sah/ess/sape/html/spp.htm>
- National Association for Sport and Physical Education  
<http://www.aahperd.org/naspe/>
- National Center on Physical Activity and Disability  
<http://ncpad.com/>
- National Consortium for Physical Education and Recreation for Individuals with Disabilities  
<http://www.ncperid.org/>
- PE Central  
<http://www.pecentral.com/>

## Books

- A Teacher's Guide to Including Students with Disabilities in General Physical Education, by Martin Block
- Different Speeds and Different Needs: How to Teach Sports to Every Kid, by Gary Barber
- Run, Play, Move: A planning model to create physical education activities for individuals with disabilities, by Matt LaCortiglia

### Quincy Parent Advisory Council to Special Education (QPAC)

Need additional resources on this topic? Come to the QPAC Resource Center!  
Visit our website for more information: [www.quincypac.org](http://www.quincypac.org).

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