

Self Advocacy Resources

Articles

- Be Your Own Best Advocate <http://www.pacer.org/parent/php/php-c116.pdf>
- Chart Your Own Future: How Your Individualized Education Program Can Help <http://www.pacer.org/parent/php/php-c113.pdf>
- How You Can Help Your Child Learn to Be a Good Self Advocate <http://www.pacer.org/parent/php/PHP-c95.pdf>
- Self-Determination: Assuming Control of Your Plans for Postsecondary Education http://www.heath.gwu.edu/assets/20/postsecondary_self_determination.pdf
- Self-Determination: Supporting Successful Transition http://www.ncset.org/publications/researchtopractice/NCSETResearchBrief_2.1.pdf
- Start Now to Chart your Youth's Career Path after Graduation <http://www.pacer.org/parent/php/php-c162.pdf>
- Student Involvement in the IEP Process <http://nsttac.appstate.edu/sites/default/files/assets/pdf/StudentInvolvementInTheIEPProcess.pdf>
- The Disclosure Dilemma for Advocates http://www.heath.gwu.edu/assets/6/disclosure_dilemma_for_advocates.pdf
- Tips for Teens: Use Your IEP Meetings to Learn How to Advocate for Yourself <http://www.pacer.org/parent/php/php-c149.pdf>
- Top Ten Things to Think about as You Prepare for Your Transition to Adulthood http://www.heath.gwu.edu/assets/2/top_ten_things_transitions_to_adulthood.pdf
- Youth Development and Leadership http://fcsn.org/pti/topics/transition/tools/youth_development.pdf

Guides

- Cyber Disclosure for Youth with Disabilities http://www.ncwd-youth.info/sites/default/files/Cyber_Disclosure_for_Youth_with_Disabilities.pdf
- The 411 on Disability Disclosure: A Workbook for Youth with Disabilities http://www.ncwd-youth.info/assets/guides/411/411_Disability_Disclosure_complete.pdf
- Transition Portfolio <http://www.dcn-cde.ca.gov/resource/hsportfolios.pdf>
- Whose Life Is It Anyway: How One Teenager, Her Parents, and Her Teacher View the Transition Process for a Young Person with Disabilities <http://www.waisman.wisc.edu/hrtw/wlia.pdf>

Websites

- Center on Self-Determination <http://www.ohsu.edu/oidd/CSD/>
- Gateway to Self-Determination <http://www.aucd.org/ngsd/template/index.cfm>
- Kids as Self-Advocates <http://www.fvkasa.org/>
- I'm Determined <https://php.radford.edu/~imdetermined/>
- National Consortium on Leadership and Disability for Youth <http://www.nclid-youth.info/>
- National Youth Leadership Network <http://www.nyln.org/>
- Pennsylvania Youth Leadership Network <http://www.pyln.org/>
- Youthhood <http://www.youthhood.org/>

Quincy Parent Advisory Council to Special Education (QPAC)

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