

# Transition Resources for Students with Intellectual Disabilities

## Articles

- Transition from School to Adult Life  
<http://www.arcmass.org/LinkClick.aspx?fileticket=jvat0pVvj1E%3D&tabid=36The>

## Guides

- Building a Future  
<http://www.arcmass.org/LinkClick.aspx?fileticket=q0pVSKSMgrE%3d&tabid=36&mid=2362>
- Planning for Post School Outcomes and Emerging into Adulthood: A Resource Guide for Parents of Youth with Intellectual Disabilities  
[http://www.heath.gwu.edu/assets/23/planning\\_for\\_pso\\_emerging\\_into\\_adulthood.pdf](http://www.heath.gwu.edu/assets/23/planning_for_pso_emerging_into_adulthood.pdf)
- Postsecondary Education for Students with Intellectual Disabilities  
[http://www.heath.gwu.edu/assets/50/pse\\_id\\_final\\_edition.pdf](http://www.heath.gwu.edu/assets/50/pse_id_final_edition.pdf)
- Postsecondary Options for Students with Intellectual and/or Developmental Disabilities  
[http://www.heath.gwu.edu/assets/1/college\\_idd\\_.pdf](http://www.heath.gwu.edu/assets/1/college_idd_.pdf)
- School Days to Pay Days  
[http://www.communityinclusion.org/schooldays/images/DDS\\_book\\_2011.pdf](http://www.communityinclusion.org/schooldays/images/DDS_book_2011.pdf)
- The Road Forward A DDS Guide for Transition Planning  
<http://www.mass.gov/eohhs/docs/dmr/transition-planning-road-forward.rtf>
- Transition from School to Adulthood  
[http://www.arcmass.org/Portals/0/PDF\\_Documents/Best\\_Practice/Transition%20to%20Adult.pdf](http://www.arcmass.org/Portals/0/PDF_Documents/Best_Practice/Transition%20to%20Adult.pdf)

## Websites

- Massachusetts Department of Developmental Services <http://www.mass.gov/ddes>
- National Down Syndrome Congress <http://www.ndsccenter.org/>
- National Down Syndrome Society <http://www.ndss.org/>
- Real People, Real Jobs <http://realworkstories.org>
- The Arc of Massachusetts, Inc. <http://www.arcmass.org/>
- The Arc of the South Shore <http://www.arcsouthshore.org/>
- The Arc of the United States <http://www.thearc.org/>
- The Desk <http://www.thedesk.info/>
- Think College <http://www.thinkcollege.net/>

## Books

- Life Planning for Adults With Developmental Disabilities, by Judith Greenbaum
- The Down Syndrome Transition Handbook, by Jo Ann Simons
- Think College: Postsecondary Education Options for Students with Intellectual Disabilities, by Meg Grigal and Debra Hart

### Quincy Parent Advisory Council to Special Education (QPAC)

Need additional resources on this topic? Come to the QPAC Resource Center!

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